

# NORTHLAND SCHOOL

## Health and Safety Procedures Sun Protection



### Rationale

The major cause of skin cancer is believed to be over-exposure to the sun during childhood and adolescence. This policy helps to ensure that children attending Northland School are protected from skin damage caused by the harmful ultraviolet (UV) rays of the sun while they are at school and during school hours, particularly in Terms 1 and 4.

### Guidelines

- During Terms 1 and 4, all students will be required to wear sunsafe hats while they are outside, eg broad brimmed, legionnaire or bucket style.
- During Terms 1 and 4, all students without sunsafe hats will be required to stay inside or in a designated shaded area, following explanation. Parents of students who consistently do not wear a sunsafe hat will be contacted to seek their support.
- The school will encourage the use of SPF 30+ broad-spectrum sunscreen.
- Parents will be informed at enrolment, and reminded subsequently, of the need to provide sunsafe hats and sunscreen. Exemptions for cultural, medical, disability or religious grounds will be recorded at enrolment.
- Staff will act as good role models by wearing sunsafe hats, protective clothing and sunscreen. Parents will be encouraged to do the same.
- Programmes on protection of the skin from the harmful effects of the sun will be included in the curriculum on a regular basis.
- The Board of Trustees will plan to provide adequate areas of shade around the school.
- Where possible, in scheduling outdoor activities, the school will use low risk times of the day, or ensure that sufficient shade is available.
- These procedures will be reviewed every two years.